

# 12<sup>th</sup> Annual NEWARK INVITATIONAL

NEWARK HIGH SCHOOL  
4:30 PM, Friday, May 16, 2008

Your Team is Invited to Participate in the Newark Invitational. Only a Maximum of 12 Team Entries Will Be Accepted, So Please Respond Quickly!

**FACILITIES:** Newark has an 8-lane, all-weather track (with Steeplechase), 2 LJ/TJ pits, 2 SP areas, 2 Discus areas, Space for 2 HJ's, and a great PV area. (Concrete Throwing Surfaces, 1/8" spikes on Runways, Please!)

**LIMITATIONS:** Athletes Can Do Any 4 Events. A Team May Enter 2 Athletes in Laned Events, 3 Athletes in All Other Events. 1 Relay Team Per School.

**AWARDS:** Medals for 1<sup>st</sup>-3<sup>rd</sup>; Ribbons for 4<sup>th</sup>-8<sup>th</sup> in every event, Except Novice Relays (Ribbons 1-8). Outstanding Performer Awards for Track & for Field. Team Trophies to top 3 Teams.

**ENTRIES:** ENTRIES MUST BE MADE ON YENTIMING BY 9:00pm ON WEDS, MAY 14<sup>TH</sup>.  
(Go to [www.yentiming.com](http://www.yentiming.com) email [coachyen@aol.com](mailto:coachyen@aol.com) if you need assistance.)

**FEES:** \$80 for Either a Boys OR a Girls Team, \$130 For Both. For Small Numbers, \$8.00 per Athlete (may do 4 events). Make Checks & Vouchers Out To the **NEWARK TRACK BOOSTER CLUB** (not Newark High School!).

If We Need to Sign A Voucher, Please Send It ASAP! We'll Mail it Back!

**Send To:** Joe Contario, Track Coach      Schl Phone: (315)332-3239 (Ext 2186)      Cell: (315)521-7405  
Newark High School      Home Phone: (315)789-0222  
625 Peirson Ave.      School FAX: (315)332-3567  
Newark, NY 14513      Schl Email: JContario@newark.k12.ny.us

## ORDER OF EVENTS

### RUNNING EVENTS

4 X 800 Relay  
Girls 100 Hurdles (Semi's)  
Boys 110 Hurdles (Semi's)  
Novice Sprint Medley (800-200-200-400 -You Can Have More Than 1!)  
Girls 3000  
Boys 110 Hurdles (Finals)  
Girls 100 Hurdles (Finals)  
Boys 3000  
Girls & Boys 100 (Semi's)  
Girls & Boys 400  
Girls 1500  
Girls & Boys 100 (Finals)  
Boys 1600  
Girls & Boys 400 Hurdles  
Girls & Boys 800  
Girls 2000 Steeplechase  
Girls & Boys 200m (Finals on Time)  
Boys Steeplechase  
Girls & Boys 4 X 100 Relay  
Girls & Boys 4 X 400 Relay

### FIELD EVENTS

Girls Shot Put  
Boys Discus  
Girls & Boys Long Jumps (2 Pits)  
Boys High Jump  
Girls Pole Vault  
  
Girls High Jump  
Girls Discus  
Boys Shot Put  
Girls & Boys Triple Jumps (2 Pits)  
Boys Pole Vault

WE EXPECT THE MEET TO BE OVER AT ABOUT 9:30

ONLY A MAXIMUM OF 12 TEAMS WILL BE ENTERED, SO PLEASE LET US KNOW ASAP!