

Trojan Invitational

April 19<sup>st</sup> 2008

Location:

The track is located between the high school and elementary school.  
3314 Buffalo St. Alexander NY, 14005.

Facility:

6 Lane all weather Surface (1/8 inch spikes only)

2 Horizontal Jumping pits, 2 vertical jumping pits

**ONLY ALEXANDER BLOCKS ARE ALLOWED ON THE TRACK**

**CONCESSIONS SALES WILL BE AVAILABLE**

Entry Restrictions:

**Only 2 entries in laned events and 3 in all others.**

Athletes can enter 4 events.

Only one relay team per school.

Entries are limited to the first 18 schools.

Awards:

Team scoring Trophy for 1<sup>st</sup> place Girls, Boys, and Combined score

Medals 1<sup>st</sup> place individual

Ribbons 2<sup>nd</sup> through 6<sup>th</sup> place

Medals to 1<sup>st</sup> place relay teams

Ribbons 2<sup>nd</sup> and 3<sup>rd</sup> relay teams

Entry deadline:

April 15<sup>th</sup> 2008

All entries are final no additions will be made the day of the meet!

You may change entries up to the 18<sup>th</sup> of April.

Fee schedule:

\$120.00 per school

\$75.00 per boy or girl team

\$10.00 per individual per event

\$20.00 per relay

Send Entries and Fees to:

Dave Radley Alexander Track Coord.

3314 Buffalo St

Alexander NY 14005

Make vouchers or checks payable to: **Alexander Varsity Club track and field**

Entries can be emailed to [dradley@alexandercsd.org](mailto:dradley@alexandercsd.org) (preferred way)

Entries can be faxed: Attn. D. Radley (585)-591-4713

Questions or problems, contact Meet Director

Dave Radley

(585) 591-1551 ext 1159

(585) 356-8738 after 7PM

[dradley@alexandercsd.org](mailto:dradley@alexandercsd.org)

**Important:**

There will be a concession stand and a Chicken BBQ stand  
(Coaches get a free BBQ 2 per team)

Once the entries are set for this meet, the meet will run on a timed order.

Remember your honesty on the times you submit will be critical so the best athletes  
Are seeded against each other. Also please put **throwers only** in the throwers relay.

**Vaulters, Shots, and Discus will be weighed in from 9:15am until 9:55am!!**

**Field events:**

4 –long / triple jumps - open pits (1hour 30 minute)

4 – throws shot / disc – in flights

Starting heights

Girls high – 3'8"

Boys high – 4'8"

Girls pole – 6'0

Boys pole – 7'6"

**Results:**

All results will be posted after the conclusion of each event.

Team score will be tracked throughout the meet.

**Order of events**

Tentative schedule

9:15am scratch meeting

**10:00am on the track**

Pent 100 hurdles

100 hurdle finals

pent 110 hurdles

110 hurdle finals

Girls4x 100 throwers relay final

Boys 4x100 throwers relay final

Girls 4 x 400 final

Boys 4 x 400 final

1600 Meter final

Girls 4 x 100 final

Boys 4 x 100 final

1500 meter final

Girl 400 meter final

Boys 400 meter final

Boys 3200 final

Girls 100 final

Boys 100 final

Girls 3000 final

Girls 400 hurdles final

Boys 400 hurdles final

Girls frosh/soph 8-2-2-4

Boys Frosh/Soph 8-2-2-4

Girls 800 final

Boys 800 final

Girls pent 800 if ready or 15 min break

Boy pent 1500 if ready or 15 min break

Girls 200 final

Boys 200 final

Girls 4 x 800 final

Boys 4 x 800 final

**10:00 am in the field**

Girls pole, Boys follow

Boys ,Girls high, pent follow

Girls Shot, Boys follow

Boys disc, Girls follow

**one hour and half open pit for long then triple**

Boys long (upper pit) triple follow

Girls long (lower pit) triple follow