

SECTION V WINTER TRACK &FIELD QUALIFYING STANDARDS 2009-2010

BOYS' AUTOMATIC AND PROVISIONAL

EVENT	CLASS A		CLASS B		CLASS C		CLASS D	
	Auto	Prov	Auto	Prov	Auto	Prov	Auto	Prov
45m Dash	5.74	6.24	5.84	6.34	5.94	6.44	6.04	6.54
55m Dash (16)	6.84	7.34	6.94	7.44	7.04	7.54	7.14	7.64
50m Hurdles	8.04	8.74	8.24	9.04	8.24	9.14	8.34	9.14
55m Hurdles(16)	8.94	9.64	9.14	9.94	9.14	10.04	9.24	10.04
300m Dash (15)	38.24	39.94	39.24	41.24	39.24	41.24	39.74	41.74
600m Run (15)	1:31.24	1:34.74	1:32.24	1:36.24	1:34.24	1:40.24	1:34.24	1:40.24
1000m Run (16)	2:49.24	2:56.24	2:51.24	2:59.24	2:53.24	3:03.24	2:54.24	3:05.24
1600m Run (16)	4:51.24	4:57.24	4:54.24	5:03.24	4:59.24	5:09.24	5:00.24	5:10.24
3200m Run (16)	10:45.24	11:04.24	10:50.24	11:08.24	10:55.24	11:25.24	10:55.24	11:25.24
Pole Vault (12)	10' 6"	8' 6"	10' 0"	8' 0"	9' 6"	7' 6"	9' 6"	7' 6"
Shot Put (16)	39' 0"	35' 0"	39' 0"	35' 0"	39' 0"	35' 0"	38' 0"	35' 0"
Long Jump (12)	20' 0"	18' 6"	20' 0"	18' 0"	19' 0"	17' 0"	18' 6"	17' 0"
Triple Jump (12)	40' 0"	36' 0"	38' 6"	35' 6"	38' 6"	34' 0"	37' 0"	34' 0"
High Jump (16)	6' 0"	5' 6"	5' 10"	5' 4"	5' 10"	5' 4"	5' 8"	5' 2"

GIRLS' AUTOMATIC AND PROVISIONAL STANDARDS

EVENT	CLASS A		CLASS B		CLASS C		CLASS D	
	Auto	Prov	Auto	Prov	Auto	Prov	Auto	Prov
45m Dash	6.44	6.84	6.44	6.84	6.54	6.94	6.84	7.24
55m Dash (16)	7.74	8.14	7.74	8.14	7.84	8.24	8.14	8.54
50m Hurdles	9.24	9.84	9.34	9.84	9.54	10.04	9.74	10.14
55m Hurdles (16)	10.14	10.74	10.24	10.74	10.44	10.94	10.64	11.04
300m Dash (15)	45.24	47.74	45.74	48.54	46.74	48.94	47.74	49.94
600m Run (15)	1:47.24	1:52.24	1:48.74	1:55.24	1:51.24	1:59.24	1:53.24	2:01.24
1000m Run (16)	3:22.24	3:32.24	3:27.24	3:35.24	3:32.24	3:42.24	3:36.24	3:44.24
1500m Run (16)	5:24.24	5:34.24	5:28.24	5:41.24	5:30.24	5:48.24	5:39.24	5:54.24
3000m Run (16)	11:55.24	12:35.24	12:10.24	12:40.24	12:15.24	12:50.24	12:25.24	13:00.24
1500m RW (16)	9:00.24	9:35.24	9:15.24	9:50.24	9:20.24	9:55.24	9:30.24	10:00.24
Pole Vault (12)	8' 6"	7' 3"	8' 0"	7' 0"	7' 6"	6' 6"	7' 6"	6' 6"
Shot Put (16)	28' 0"	25' 0"	28' 0"	24' 0"	28' 0"	24' 0"	28' 0"	23' 6"
Long Jump (12)	15' 0"	13' 0"	14' 10"	12' 9"	14' 8"	12' 8"	13' 9"	12' 3"
Triple Jump (12)	31' 0"	28' 0"	30' 0"	27' 0"	30' 0"	27' 0"	29' 0"	25' 0"
High Jump (16)	4' 10"	4' 4"	4' 10"	4' 4"	4' 8"	4' 2"	4' 8"	4' 2"

For 45m to 55m Dashes – conversion is 1.1 for boys, and 1.3 for girls.

For 50h to 55h – conversion is .9.

Number in () shows total number of entries accepted in that event.