

**Wayne Central Early Season Invitational**  
**Saturday, April 5, 2008**  
**Wayne Central High School**

**Coaches' Meeting 9:30 AM**  
**Competition starts 10:00 AM**

**Facility**

Eight Lane All –Weather Track  
All-Weather surface for high jump area as well as for long and triple jump runways (two sand pits)  
Pentathlon high jump will be run on a separate pit

**Scoring and Awards**

Team Scoring 10, 8, 6, 4, 2, 1  
Awards for places 1-6 in all events (Medal for 1st place and ribbons for 2<sup>nd</sup> – 6<sup>th</sup>) and trophies to top girls and boys teams  
FAT timing for all running events (excluding steeplechase)

**Entry Fee**

\$80 per team; \$120 for both boys and girls teams.

**Timing**

We will be using an electronic entry system for all events (see Excel spreadsheet attachment) which means that athletes not entered in an event prior to competition will not be allowed to participate. Substitutions are only allowed for relays. Coaches are responsible for submitting the attached Excel spreadsheet with required fields to Charlie Roods at [croods@wayne.k12.ny.us](mailto:croods@wayne.k12.ny.us) no later than **Wednesday, April 2<sup>nd</sup> at 7:00 PM**

**Restrictions**

20 team limitation (10 Boys and 10 Girls teams)  
4 events max. per athlete  
2 athletes for all laned events; 3 per non-laned events per school  
1 relay team per event per school  
1/8" spikes only.  
Spectators and non-competitors will not be permitted inside the competition areas.  
Vaulters as well as shot and discus implements will be weighed from 9:15 – 9:45 in the gym.

Please send registration form with payment by March 31<sup>s</sup> or pay on the day of the meet.

**Make check payable to Wayne Track and Field Booster Club**

**Wayne Track and Field Booster Club**

**Co: Lisa Mercurio**

**5201 Ontario Center Rd.**

**Ontario, NY 14519**

For all other questions about the invitational, please contact Charlie Roods at 585-755-8782 or [croods@wayne.k12.ny.us](mailto:croods@wayne.k12.ny.us) (e-mail preferred)

For entry and payment questions and confirmations, please contact Lisa Mercurio at 315-524-7012 or [lmercurio@wayne.k12.ny.us](mailto:lmercurio@wayne.k12.ny.us) (e-mail preferred)

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**Registration Form** Wayne Central Early Season Invitational

\_\_\_\_\_ **Boys Team (\$80)**

\_\_\_\_\_ **Girls Team (\$80)**

\_\_\_\_\_ **School Team – Boys and Girls Combined (\$120)**

**Please check appropriate blank**

### **Order of Events**

G 100m Pent. Hurdles  
G 100m Hurdles  
B 110m Pent. Hurdles  
B 110m Hurdles  
G 2000m Steeplechase  
B 3000m Steeplechase  
G 4x800m Relay  
B 4x800m Relay  
G 100m  
B 100m  
G 1500m  
B 1600m  
G 4x100m Relay  
B 4x100m Relay  
G 400m  
B 400m  
G 400m Hurdles  
B 400m Hurdles  
G 800m  
B 800m  
G 200m  
B 200m  
G 3000m  
B 3200m  
G 4x400m Relay  
B 4x400m Relay  
G Pent. 800m  
B Pent. 1500m

### **Field Events**

Long Jump: West pit open 1 hour 30 minutes for each group – Boys first followed by girls (Four jumps each)  
Triple Jump: East pit open 1 hour 30 minutes for each group – Girls first followed by boys (Four jumps each)  
Shot Put: Boys first followed by girls (Four throws each)  
Discus: Girls first followed by boys (Four throws each)  
High Jump: Girls first (3' 8" starting height) followed by boys (4' 8" starting height)  
Pole Vault: Boys first (7' 6" starting height) followed by girls (6' 0" starting height)

### **Pentathlon**

100/110 Hurdles  
Boys High Jump (tennis court) / Girls Shot Put  
Girls High Jump (tennis court) / Boys Shot Put  
Girls Long Jump/ Boys Long Jump  
800m/1500m